



NE PORN



News
letter

Third Quarter 2025

#3



What Happened in the Last Quarter?



“
Online webinář zdarma
Jak chránit děti před
pornografií v digitálním světě
”

Education for Foster Parents

The nonprofit organization [Náruč dětem, z.s.](#) together with us conducted 2 three-hour educational seminars for foster parents. Over 30 foster parents participated in both seminars combined.

We're preparing seminars in other locations for the future and also planning cooperation with other foster care organizations.

Webinar for Parents

For the very first time, we organized an online webinar "How to Protect Children from Pornography in the Digital World," which was designed for parents, teachers, foster parents, and anyone interested in the topic.

Participants gained an overview of current data from the Czech Republic, practical tips for parental controls, prevention strategies, and communication techniques for different age groups of children.

There was tremendous interest in the webinar, which pleased us greatly. It's wonderful to see that the issue of protecting children in the online environment is important to so many people. That's why we're already planning more similar events in the future, where we'll be happy to meet with you again.



We Were at the Conference "Safe Digital Footprint in the AI Era"

At the beginning of September, we had the opportunity to present primarily our preventive activities at the conference Safe Digital Footprint in the AI Era, which was part of Digital Czech Week, sponsored by the Czech Government Office.

The event was attended by a large number of experts and nonprofit organizations whose main interest is to protect children in the digital world through prevention.



What Happened in the Last Quarter?



We Had a Presentation at the European Parliament

We received an offer to present our activities at the European Parliament as part of a conference titled "Protecting Children From Online Threats." Táňa took on the online presentation, speaking about pornography viewing and its risks among teenagers.

The aim of the event was to open a discussion about the need to protect children from the harmful effects of online pornography and to seek specific steps to strengthen protection of minors from digital threats at the European level.

The conference was held under the auspices of the European Child Shield Platform, which brings together experts and more than 30 nonprofit organizations from 19 EU member states.

We Were at Festivals

Just like every year, this year too we went out with the NePornu booth to festivals. We repeated our participation at the UNITED Festival and KristFest, where there was an opportunity to present our activities and informally talk with participants about how we work and what we offer.

Táňa also had an interview this year at Family Fest in Hranice na Moravě, where she introduced participants to what we do at NePornu.



Who Do We Help?

NNePornu helps people struggling with pornography addiction, their families, and those who want to learn more about this problem. Our help is anonymous, available online, and free of charge.

In this newsletter, you can read feedback from our clients who have completed online courses with a trained e-coach.

"With this course, I managed to abstain from porn for 30 days and I plan not to stop. The course was very useful and encouraging. I liked the questions for each day and also the materials and articles at the end of the courses. I am very satisfied. Thank you."

"It was important for me and especially now I know that I'm not alone in this and that there's someone here willing to lend me a helping hand. Thank you so much for the course we created."

"I definitely recommend the course to everyone who wants to get rid of porn for good. The course will show you everything about brain reset, character change, relationships, or building healthy habits. Life stories can become a great inspiration for abstinence."

Who Do We Help in Numbers?

The third quarter of 2025 is behind us and we'd like to share with you some important numbers that reflect our work. Behind each of these numbers are real stories of people, their courage to ask for help, and their determination to change their lives for the better.

58

Volunteers

"It's important to look under the lid of the pornography issue."

364 Registrations
for online
courses

"Thank you, it's a great course with the possibility of real support in various forms. I like the e-coach support the most."

"The program gave me a lot of knowledge. Thanks to it, I know how dangerous pornography addiction can be."

117 New
clients

16

Number of trained lecturers for prevention programs in schools

10

Support groups

Who Helps?

Behind the help for those who turn to us are both NePornu team members and volunteers, lecturers of prevention programs, and support group leaders. One of the team members is Samuel. Our e-coach who communicates with our clients.



Why did you decide to work at NePornu?

I had 2 main reasons for joining the NePornu team. First of all, I went through pornography myself and always had a hard time finding someone who would be there for me and help me, advise me, or encourage me. Given that it's very difficult for a person to deal with pornography alone, I stayed in it longer than I could have, for example with the help of an e-coach. Secondly, there's my desire and joy from conversations and interactions with people. I really insist on this life quality and necessity, and it's the part that attracted me most to NePornu, that personal approach.

What has brought you joy lately?



My biggest responsibility at NePornu is communication with clients and I already have a few behind me. Two things have brought me the greatest joy lately. When I get a new client and see someone who wants to openly talk and work on their life, that fills me with joy.

The second thing that brings me joy are the milestones and changes that clients manage in their lives. It often happens that a client takes a break or doesn't communicate for a while. But when I get a response from him full of joy and success about how well things are going, that he actually forgot he should communicate, that fills me with joy.

What would you say to someone considering volunteering at NePornu?

Honestly, if you believe that positive human interaction can have an impact on a person's life and you feel that you don't have such an opportunity in your life as you would like, NePornu will provide it for you. The opportunity to be there for someone, to listen, encourage, give advice is such a valuable and edifying thing that I would warmly recommend it to every person. Be encouraged too by helping other people!



How Do We Manage Finances?

CURRENTLY FINISHING SUMMER CAMPAIGN

Thanks to your generosity, during the September campaign we managed to raise **almost 56,000 CZK for the creation of a new prevention program "Safely Online: Digital Health and Relationships."** This program will guide elementary school students through key topics of the digital world – from cyberbullying through privacy protection to a healthy view of relationships and intimacy.

Your support is a huge encouragement for us and brings us closer to making prevention not just an idea on paper, but real help for children, schools, and parents. Thank you for helping us protect children in the online environment and striving with us to make their digital world a safer place.



CURRENTLY

Support Change That Begins with Understanding

The campaign that has been running since summer and will end at the end of October focuses on supporting prevention programs in schools – children encounter pornography for the first time at an average age of 11, so we consider it important to talk about it with children.

We're very pleased that we managed to reach the goal in the fundraiser and raise 200 thousand crowns. We therefore increased the fundraiser by 50,000 CZK, so if it's within your possibilities or if you know someone who might be interested, we'll be very grateful for sharing.

Thank you!



NUMBERS FOR APRIL – JUNE

Total income: 699,078.44 CZK

Total expenses: 1,003,637.3 CZK

**Budget for this year:
4,358,837 CZK**

**TO COVER THIS YEAR'S BUDGET,
390,000 CZK REMAINS TO BE RAISED**

**SUPPORT THE CAMPAIGN BY THE
END OF SEPTEMBER**



What Awaits Us in the Coming Period?



We're Preparing Volunteer Training

At the end of November, our annual volunteer training will take place. It will be a great opportunity to meet in person, develop our skills in helping clients, and also share experiences from volunteering at NePornu. We're looking forward to time together full of inspiration, support, and new ideas on how to be even more effective and sensitive in our service.



"Don't Face It Alone" Project

Over the past three years, we have also been implementing prevention in schools as part of NePornu. Gradually, a need emerged to unify our preventive activities under a newly emerging project called "Don't Face It Alone," which will be focused purely on prevention and comprehensive support for children, parents, and child workers.

At the end of October, we're organizing the first conceptual meeting for this project, which we would like to launch in the next school year.



We're Preparing a Christmas Fundraiser

At the beginning of November, we'll launch our Christmas fundraiser, which will help us start the new year with greater certainty. Thanks to the funds raised, we'll be able to continue helping people struggling with pornography addiction and develop our work in prevention and client support. We'll be very grateful if you join the fundraiser and help us step into the new year together.



We're Looking for New Volunteers

We're currently looking for new volunteers - e-coaches who would have the space, desire, and capacity to work with our clients. If this is something that would make sense to you personally or you know someone who might be interested, we'll be glad if you share this information further. More information about volunteering can be found on our website.



SUPPORT THE PROJECT FINANCIALLY

Thanks to the generosity of individual donors and companies, we help people overcome pornography addiction.

Join them – your support will make it possible to help others in need.

ACCOUNT: 2601745437 / 2010



BECOME A VOLUNTEER

Do you want to help others overcome their addiction to pornography?

Can you spare a few hours during the week for volunteer work?

We might be looking for you!

SHARE OUR PROJECT

Follow our social media and stay up to date. Help spread awareness about the NePornu project and become part of the change that helps young people regain control over their lives.



Third Quarter

#3



2025

Newsletter

NePornu, z. s.

Polská 29, 779 00 Olomouc

IČ: 08772207

č.ú.: 2601745437 / 2010

IBAN: CZ2720100000002601745437

BIC: FIOBCZPPXXX

[NePornu.cz](https://nepornu.cz)

info@nepornu.cz



NE
PORNU